



TO THE PARENTS OF HIGH SCHOOL STUDENTS

SUBJECT: SERVICES PROVIDED BY THE SCHOOL NURSE

Dear parents,

As the school year begins, we want to tell you about the services provided **free of charge** by the onsite nurse at your child's school.

Start of the school year

- Assessment and updates to health records in case of health issues and/or severe allergies.

During the school year (stand-alone activities)

- Free vaccinations for all Secondary 3 students.
- Sex education workshops for Secondary 3 students (on a priority basis). Can also be offered to students in other grades.

**MORE INFORMATION WILL BE PROVIDED WHEN VACCINATIONS ARE BEING
SCHEDULED AT YOUR CHILD'S SCHOOL.**

At school any time (depending on the nurse's availability)

The nurse, in her office, can respond to the needs of students regarding anything to do with sexual health. All of these services are provided confidentially and free of charge to students 14 and over.

- Questions about sexuality;
- Starting, renewing and/or modifying a hormonal contraceptive;
- Providing emergency oral contraceptive (commonly known as the morning-after pill);
- Administering a pregnancy test;
- Testing for sexually transmitted and blood-borne infections (STBBIs);
- Condom distribution.

Consent to care

Please note that in Quebec the legal age of consent to care is 14. Your child him/herself is therefore able to consent to care offered by the school nurse. Consequently, if your child is under 14, we are obligated to contact you before providing care.

For more information about the services offered by the nurse, you can consult the school nurse at school.

Thank you for your precious cooperation. Have a great back-to-school season.

Your school nurse,

Isabelle Florentin
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