



COMMISSION SCOLAIRE SIR-WILFRID-LAURIER
SIR WILFRID LAURIER SCHOOL BOARD



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ÉCOLE SECONDAIRE RÉGIONALE LAURENTIAN
LAURENTIAN REGIONAL HIGH SCHOOL



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PROGRAM GUIDE

Secondary 1 & 2

Revised February 25, 2026

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LAURENTIAN REGIONAL HIGH SCHOOL
448, Avenue Argenteuil
Lachute (Québec) J8H 1W9
450 562-8571



REGISTRATION PERIOD

New registrations: Please contact the school to make an appointment with our school secretary during the month of January.

Re-registration forms for Sir Wilfrid Laurier elementary students should be completed online during the first week of January.

FORWARD

The Program Guide for Secondary 1 and 2 is specifically designed to provide students with essential information about the compulsory and optional courses offered in our high school. We invite and encourage families to review the program guide and discuss course selections with their children for the upcoming academic year.

Any additional information required may be obtained from our Guidance Department

Guidance Counsellor

Danielle St-Jacques

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GENERAL EDUCATION

- Credits accumulated in Secondary 1, 2 and 3 are not taken into consideration in granting a Secondary School Diploma although courses taken at these levels may serve as prerequisites for higher level courses.
- Each course passing mark is 60%.
- Students should take a summer school course if they have failed any of the core courses (English, French or Mathematics) and/or certifiable subjects to fulfill graduation requirements on schedule. (when available)
- The school schedule is based on a 9-day cycle with four periods of 75 minutes each.



Secondary 1 to 2

Credit Per Courses			Condition for promotion
Course	Credits	Periods	
English Language Arts	6	6	<ul style="list-style-type: none"> • A minimum of 26 credits must be earned during the current year. • Students must have a minimum overall average of 60%. • The final decision for placement remains with the Principal and school team.
Français Langue Seconde Programme de base ou enrichi	6	6	
Mathematics Regular or enriched program	6	6	
Geography and History and Citizenship Education	6	6	
Science and Technology	4	4	
Physical Education and Health	2	2	
Culture and Citizenship in Québec (CCQ)	2	2	
Visual Arts, Dance or Music	4	4	
Total Credits/Periods	36	36	

Please Note: The Policy Regarding the Promotion of Students (Policy no 2025-ED-11) will be used to determine student placement for next year. If you have any questions, please contact the school.

Secondary 2 to 3

Credit Per Courses			Condition for promotion
Course	Credits	Periods	
English Language Arts, or English Language Arts – Medieval to Modern	6	6	<ul style="list-style-type: none"> • A minimum of 26 credits must be earned during the current year. • Students must have a minimum overall average of 60%. • The final decision for placement remains with the Principal and school team.
Français Langue Seconde Programme de base ou enrichi	6	6	
Mathematics Regular or enriched program	6	6	
Geography and History and Citizenship Education	6	6	
Science and Technology	4	4	
Culture and Citizenship in Quebec (CCQ)	2	2	
Physical Education and Health	2	2	
Visual Arts, Dance or Music	4	4	
Total Credits/Periods	36	36	

Please Note: The [Policy Regarding the Promotion of Students](#) (Policy no 2025-ED-11) will be used to determine student placement for next year. If you have any questions, please contact the school.

Secondary 1 – English Language Arts - Regular

ELA106 – 632106

The objective of this program is the development of a confident learner who finds in language, discourse and text a means of coming to terms with ideas and experiences, as well as a medium for communicating with others and for learning across the curriculum.

English Language Arts Competencies are:

- Uses language to communicate and to learn.
- Reads and listens to texts; and
- Produces spoken, written and media texts.

To achieve these aims, students read novels, plays, short stories and poems; view films, documentaries and television programs; listen to teachers, peers, and recordings; speak in group and class discussions; write answers that may include journals, diaries, letters, skits, essays and creative compositions for both oral and written presentation.

Secondary 2 - English Language Arts - Regular

ELA206 – 632206

The objective of this course is to lead students to realize that effective use of language in formulating their ideas and effective participation in the communication process are essential to their lives. In Secondary 2, the program addresses five strands of communication: listening, speaking, writing, reading and viewing.

English Language Arts Competencies are:

- Uses language to communicate and to learn;
- Reads and listens to texts; and
- Produces spoken, written and media texts.

To achieve these aims, students read novels, plays, short stories and poems; view films, documentaries and television programs; listen to teachers, peers, and recordings; speak in group and class discussions; write answers that may include journals, diaries, letters, skits, essays and creative compositions for both oral and written presentation.

Secondary 2 - English Language Arts - From Medieval to Modern

ELA2H6 – 632206

The goal of this course is to integrate history with all the requirements of the Secondary 2 Language Arts program. Students will complete the full range of reading, writing, and oral assignments necessary to earn their Language Arts credit. By combining historical fiction and non-fiction texts with sections of the Secondary 2 history curriculum, students gain a deeper understanding of the historical context behind the stories, enriching both their learning and reading experience. For example, *The Legend of King Arthur* would complement a unit on the Dark Ages, while *Anne Frank* would accompany lessons on the Holocaust and the politics of World War II. Additional texts will be carefully paired with relevant history topics, and cross-curricular projects will be incorporated whenever possible. Please note that spaces in this course are limited.

Secondary 1 - French as a Second Language - Regular

FSL106 – 634106

This course is compulsory for all Secondary 1 students.

Class activities will allow students to pursue the three areas of competencies as described by the Ministère de l'Éducation du Québec (MEQ) (Interact orally in French, read and understand a variety of texts, produce a variety of written texts).

Five different themes allow for the study of different elements of grammar, reading comprehension, written expression and oral production. Evaluation will be held throughout the year on all competencies.

Secondary 1 - French as a Second Language - Enriched

FSL1E6 – 635106

This course is designed for students who have demonstrated superior ability in French. The program is limited to students who have been recommended by their grade 6 teacher. Final acceptance of the student into the program remains at the discretion of the Laurentian Regional High School French Department.

Class activities will allow students to pursue the three areas of competencies as described by the Ministère de l'Éducation du Québec (MEQ) (Interact orally in French, read and understand a variety of texts, produce a variety of written texts).

Reading plays an important role in the program and will be reinforced through a variety of novels, articles and texts.

Five different themes allow for the study of different elements of grammar. Evaluation will be held each term. The students must maintain a high standard of achievement to enter the level two enriched program.

Secondary 2 - French as a Second Language - Regular

FSL204 – 634204

This is a compulsory course for students in Secondary 2.

Class activities will allow students to pursue the three areas of competencies as described by the Ministère de l'Éducation du Québec (MEQ) (Interact orally in French, read and understand a variety of texts, produce a variety of written texts).

Five different themes allow for the study of different elements of grammar, reading comprehension, written expression and oral production. Evaluation will be held on all three competencies through regular reporting session. A summative evaluation will take place at the end of the cycle and will be taken into consideration for the placement of the student for the following year.

Secondary 2 - French as a Second Language - Enriched

FSL2E6 – 635206

This course is offered to Secondary 2 students who have successfully completed the Secondary 1 enriched program and who have maintained a high standard of achievement.

Class activities will allow students to pursue the three areas of competencies as described by the Ministère de l'Éducation du Québec (MEQ) (Interact orally in French, read and understand a variety of texts, produce a variety of written texts).

Reading plays an important role in the program and will be reinforced through a variety of novels, articles and texts.

Five different themes allow for the study of different elements of grammar, reading comprehension, written expression and oral production. Evaluation will be held on all three competencies through regular reporting session. A summative evaluation will take place at the end of the cycle and will be taken into consideration for the placement of the student for the following year.

Mathematics Department Promotional Guidelines

- A student must have an overall average of 60% or more in order to be promoted from one level to the next in regular Math.
- Promotion from regular Math to enriched Math is NOT a frequent occurrence. Such promotions will be done only if there is a recommendation from the Math Department. This recommendation will be done based primarily on the work ethic and motivation of the student and on the student's results.
- Students in enriched Math must maintain an average of 85% and must maintain a good work ethic to keep the privilege of staying in the program.
- Students who do not wish to stay in enriched Math or whose results are less than specified (but more than 60%) will be promoted to regular Math in June.

Secondary 1 - Mathematics - Regular

MAT106 – 563126

Subject covered	Description of the subject
Natural Numbers	Order of operations, patterns, exponents, estimating.
Integers	Four operations, order of operations.
Rational Number	Understanding, four operations, order of operations, convert fractions to and from decimals and percent, word problems using rational numbers.
Geometry	Transformations, straight lines, angles, triangles, quadrilaterals, perimeter and area.
Statistical Data	Tables to graph.

Secondary 1 - Mathematics - Enriched

MAT1E6 – 563126

This is an enriched program in which students cover the regular program and additional topics. Number sense skills, fractions, pre-algebra, and introductions to MAT2E6 material are strongly emphasized. Students are chosen for this program based on very strong grade 6 Math results and specific teacher recommendation.

MATHEMATICS

Secondary 2 - Mathematics - Regular

MAT226-563226

Subject covered	Description of the subject
Algebra	Representations of a situation, sequences, the Cartesian plane, variables, tables of values and the rule, graphs, ratios and proportions, percentage, equations.
Geometry	Similarity, regular polygons, the circle, and solids, transformations, straight lines, angles, triangles, quadrilateral perimeter and area
Probability	Events and outcomes.
Statistics	Put a table of value in a graph

Secondary 2 - Mathematics - Enriched

MAT226 – 563226

This is an enriched program in which students cover the regular MAT226 program and additional topics. The main emphasis is on increasing algebra skills and number sense skills (specifically fractions) to better prepare these students for success in the advanced Math 306 program.

SCIENCE

Secondary 1 - Science and Technology

SCT104-555104

This is a compulsory course for all Secondary 1 students. Topics in the areas of Astronomy, Biology, Chemistry, and Physics will be studied.

Secondary 2 - Science and Technology

SCT204-555204

This is a compulsory course for all Secondary 2 students, and is a continuation of the Secondary 1 Science course. Topics in the areas of Astronomy, Biology, Chemistry, and Physics will be studied

The Social Science subject area is made up of the Geography and the History and Citizenship Education programs. The History and Citizenship Education course presents a vision of social reality where change results from human action over time, leaving an imprint that continues to be visible in our society. The Geography course defines a territory as a social space that human beings have occupied, adapted to and modified.

Secondary 1 – Geography

GHC106 – 595103 + 587103

The geography course defines a territory as a social space occupied by human beings, adapted and modified.

Geography

- Understands the organization of a territory
- Interprets a territorial issue
- Constructs the students' consciousness of global citizenship

Secondary 2 - History and Citizenship Education

GHC206 – 595203 + 587213

This course builds on the Secondary 1 program, with a stronger focus on identifying and analyzing regions that are flash points for contemporary issues, including environmental protection, international conflicts, and challenges facing developing countries.

History and Citizenship Education

- Examines social phenomena from an historical perspective
- Interprets social phenomena using the historical method
- Constructs the students' consciousness of history through the study of history

CULTURE AND CITIZENSHIP IN QUÉBEC

Secondary 1 and 2 - Culture and Citizenship in Québec (CCQ)

CCQ102-580102 - CCQ202-580202

The Culture and Citizenship in Québec course is intended to meet three objective using sociological perspectives, research, bias, judgement and reasoning with an angle of ethics:

- Prepare students to exercise citizenship in Québec society
- Help students learn to respect themselves and others
- Pursue the common good

The course also includes content related to sexuality education and is integrated into related themes and concepts within the course.

This course addresses two competencies:

1. Studies a cultural reality, and
2. Reflects on an ethical question.

There are four themes over secondary one and two:

1. Identities and Belonging,
2. Collective Life and Public Space,
3. Autonomy and Interdependence, and
4. Democracy and Social order.

PHYSICAL EDUCATION AND HEALTH

Secondary 1 and 2 - Physical Education and Health

PEH102 – 543102 and PEH202-543202

Students will be expected to participate in a variety of physical education activities which will help them to develop skills in order to function in a personal and social context for the rest of their lives.

The course will focus on several sports, be they team or individual, such as:

- Soccer
- Flag football
- Basketball
- Volleyball
- Badminton
- Softball
- Swimming

Students will be evaluated on their participation, effort attitude and athletic ability. Everyone is expected to have a change of clothes for physical education class for ease of participation and reasons of hygiene. Proper gym attire is mandatory: shorts, sweatpants or track pants, t-shirt and running shoes. During swimming classes: an appropriate bathing suit, towel and bathing cap (required).

Art options are set for two years. Students must take the same option in Secondary 1 and 2. (This is mandatory from the MEQ).

Secondary 1 and 2 - Visual Arts

ART104-668104 and ART204-668204

In Secondary 1 and 2, the overall objective of the Visual Arts program is to enable students to have aesthetic experiences through the “making” and “seeing” of images.

The program evolves through four modules:

Theme	Students find personal ways to express themselves through perceiving, comparing, describing and representation.
Visual Language	Students develop a conceptual knowledge of the visual vocabulary. They are called upon to use and look for in images.
Gesture and Technique	Students have become familiar with certain tools, media, and processes.
Art and Society	To enrich their understanding of themselves and their world, students are introduced to some aspects of their own cultural environment.
Evaluation	Students are expected to complete all assigned projects. If more time is needed, the art class is opened during lunch time. Sketchbook work can be done in class or at home. During the year, students will be evaluated using a variety of projects. These projects will enable students to demonstrate their competency in creating images as well as being able to appreciate works of art, in accordance with the requirements of the Quebec Education Program.

Secondary 1 and 2 - Dance

DAN104-672104 and DAN204-672204

In Secondary 1 and 2, the Dance program focuses on movement awareness and expression through dance. The program gives students a comprehensive understanding of dance as they learn specific terms and techniques, begin to respond critically as member of an audience and work on creating their own simple dances. This course is open to all students.

Note: All students and their parents must sign the Dance Class Expectations form.

Secondary 1 and 2 - Music

MUS104-669104 and MUS204-669204

In Secondary 1 and 2, the Music program is designed to introduce the student to playing a musical instrument in an ensemble situation. The course will introduce and develop the ability of reading musical notation as well as introduce and develop technique, methods and concepts in the field of instrumental music.

The objectives are:

- Discover, develop and evaluate their talents and abilities relative to playing a musical instrument and to establish and reinforce correct technique and skills.
- Develop the ability to make aesthetic judgements based on critical listening and analysis of music
- Interpret rhythm, melody, harmony, form and expression as they appear in musical notation through both cognitive and psychomotor responses.
- Become aware of the implications of music in our society with respect to music careers; it's a vocational and leisure uses; and to grow in the appreciation, understanding and enjoyment of music as a source of personal fulfilment.