

Friday October 3rd, 2025

RESQ Meeting: As mentioned earlier this year, LRHS will be hosting for the first time a RESQ/Sports information meeting for our families. If your child is participating in an after-school sport or is a member of the LRHS hockey team, this meeting is for you. The session will take place online on Monday, October 6th, 2025, at 6:30 pm. The following items will be discussed: Cost for RESQ sports, Explanation of the school fees invoice, Late day bus transportation, Communications, Sports awards in June 2025. The access information for the meeting can be found below.

Microsoft Teams Need help?

Join the meeting now

Meeting ID: 233 724 447 255 2

Passcode: Rq9HB7Sq

First Communication Report Card: This message is to inform you that the First Communication Report Card will be available on your Mozaïk Parent Portal and the Clic-École mobile application on Friday, October 10th, 2025. Please take a moment to review it with your child. We would also like to remind you that the end of Term 1 is scheduled for Friday, October 31st, 2025. Students have four weeks to ensure that all their work is handed in and to prepare for the upcoming end-of-term evaluations. If you are experiencing difficulties logging into the Mozaïk Parent Portal or the Clic-École mobile application, please contact Ms. Kathy Low at klow@swlauriersb.qc.ca.

Terry Fox Run Information: Laurentian Regional High School is proud to kick off the year with our annual Terry Fox Run! This year's run will take place on Friday October 10th, 2025 during fourth period only, and students will leave on their regular buses at the end of the day. This year marks the 45th anniversary of Terry Fox's Marathon of Hope, and our school is going all out to raise funds for cancer research. We are excited to be part of this important cause, and we need everyone's participation to make it a true success. This is a school-wide spirit event where community values are celebrated and money is raised for a great cause. The first three periods of the day will take place as usual with regular classes. All students are expected to participate in the Terry Fox Run during the 4th period. Students should not be signed out of school to miss this event. If a student is signed out, it means they are leaving school for the day and will not be returning for buses. All students will be responsible for the work missed on that day. Please make sure your child is present. We encourage families and friends to support our students' fundraising efforts by donating online at: https://schools.terryfox.ca/LaurentianRegionalHS. All sales contribute directly to our school's fundraising total in support of cancer research. We have a goal of reaching 1000\$. Anything bigger than this would be great. The fundraising page will close on Friday October 31st, 2025. Terry Fox t-shirts are also available for purchase!









Child sizes: \$25

• Adult sizes (S–3XL): \$30

To place an order, please contact Mr. Stuart Cass at scass@swlauriersb.qc.ca, or students can see Mr. Cass in person. Orders will be placed once payment is received by cash or e-transfer. If you have any other questions, please don't hesitate to reach out. Thank you for supporting this important cause. Together, we can make a difference. #TerryFoxSchoolRun @terryfoxfoundation



Nadia Anwar Principal Kenneth Gordon Vice Principal





