



# Laurentian Regional High School

## École Secondaire Régionale Laurentian

### **Laurentian Regional High School (LRHS) Governing Board (GB) Activity Report for 2024-25**

#### **CHAIRPERSON'S MESSAGE**

On behalf of the Laurentian Regional High School Governing Board, I am pleased to present our 2024–2025 Activity Report.

This year has been one of growth, collaboration, and continued commitment to fostering a positive, inclusive, and student-centered school environment. As we reflect on our achievements, we remain deeply proud of the progress made toward enhancing student life, strengthening community partnerships, and supporting the overall well-being of our school community.

At LRHS, our mission continues to center around promoting student success and creating a safe, dynamic learning environment. Throughout the year, the Governing Board has supported this mission by reviewing and approving a range of initiatives, including educational projects, extracurricular activities and fundraising events. We have also championed efforts to expand student voice, promote mental wellness, and ensure equity across all school operations—reflecting our shared commitment to the academic, social, emotional, and physical development of every student.

We want to extend our heartfelt appreciation to the incredible team of teachers, support staff, our school principal, and vice principal, whose dedication, and passion have made a lasting impact on our students. Their unwavering commitment to excellence, both in and outside the classroom, continues to be the backbone of everything we achieve at LRHS.

As we prepare for the next academic year, we will continue to focus on strategic goals that support student achievement, innovation in learning, and a strong school culture.

Thank you for your continued support and trust in the Governing Board. Together, we will continue to make LRHS a place where all students are encouraged, empowered, and equipped to thrive.

Sincerely,

Cindy Angelini  
LRHS GB Chair

## **ABOUT US**

Laurentian Regional High School is dedicated in its desire to provide a positive and cooperative learning environment that promotes tolerance, self-esteem, respect for others and a strong sense of community. Students are encouraged to work and achieve to their full potential in both the academic and extra-curricular realms.

LRHS offers a wide range of programs to serve our diverse community of learners. In addition to the basic courses required for CEGEP entry, an enriched curriculum is provided in Mathematics. An impressive array of options is also offered in the Arts and Sciences to complement our core subjects.

The Governing Board consists of a maximum of 8 parents, 2 representatives from the community, 1 non-teaching staff, 1 representative from support staff and a maximum of 4 teachers. There can also be 2 student's representatives from cycle 2.

## **MEMBERS**

### **Parent Members**

- Ms. Cindy Angelini (1 year left)
- Ms. Michelle Deslauriers (1 year left)
- Ms. Renée Kennette (1 year left – finish the mandate of Ms. Sarah Dandy)
- Ms. Chloée Alary (2 years left)
- Ms. Melissa Hadley (2 years left)
- Ms. Tara Anderson (2 years left)
- Mr. Sylvain Simpson (2 years left)
- Ms. Natalie Szabo (2 years left)
- Ms. Jennifer Turcotte – Substitute Member (1 year)
- Ms. Ledis Beaudin Valdes – Substitute Member (1 year)

In order to keep the same number of parents elected each year, Ms. Natalie Szabo will take a position on GB for a 1-year term

### **Staff Members**

Ms. Elaine Jetté, Teacher  
Ms. Daphne Petersen, Teacher  
Ms. Laurie Matthews, Teacher  
Ms. Emma Kennedy, Teacher  
Mr. Kenneth Gordon, Vice Principal

Ms. Nadia Anwar, Principal

**Community rep**

N/A

**Secretary**

Ms, Susan O'Keeffe

**GB MEETING DATES**

The Annual General Assembly (AGA) was held at LRHS on Thursday September 19th, 2024, at 6:00 p.m.

The Governing Board (GB) Meetings were held through the Teams application, all at 6:30 p.m. on the following dates:

Tuesday October 1st, 2024  
Tuesday October 29<sup>th</sup>, 2024  
Tuesday November 26<sup>th</sup>, 2024  
Tuesday December 17<sup>th</sup>, 2024  
Tuesday January 28<sup>th</sup>, 2025  
Tuesday February 25<sup>th</sup>, 2025  
Tuesday March 25<sup>th</sup>, 2025 (canceled)  
Tuesday April 22<sup>th</sup>, 2025  
Tuesday May 20<sup>st</sup>, 2025 (canceled)  
Tuesday June 17<sup>th</sup>, 2025

The typical GB agenda featured status reports from the Principal, the Teachers, the Community Learning Centre (CLC), Parents' Participation Organization (PPO), and Parents' Committee (PC), as well as recurring reports on the School Budget and the Anti-Bullying Anti-Violence (ABAV) plan. Rentals, field trips and funding activities, normally a usual part of the GB agenda, were addressed as needed. Attendance by non-GB members at these public meetings was possible by request.

The usual resolutions were taken: GB Rules & Procedures, Deeds of Establishment, School Code of Conduct, the School Budget (as limited to funding supplied for specific Ministry measures), the ABAV plan, School Fees, Subject Time Allocation, School Supplies List, Budget Building Recommendations (for the School Board Budget), Selection Criteria for a Principal, and school rentals (badminton, pickle ball, basketball, volleyball groups and summer camp).

The CLC was involved with a number of activities including:

- This year, the CLC supported a wide range of meaningful activities that fostered student engagement, leadership, and community connection. Highlights included the **12 Days of Giving** and the **Health Caravan**, promoting generosity and wellness. Students in the La Tablée des Chefs' ECA participated in **Solidarity Soup**, cooking and donating to a local women's shelter. In celebration of the **World Day of Social Justice**, student-designed t-shirts were distributed free of charge, promoting equity and inclusion. A **Mock Trial** with the Canadian Bar Association (Quebec) brought an appeals case to life, while the **RISE UP Together** campaign raised funds and filled care bags for people experiencing homelessness.

Thanks to successful grant applications, we received **\$3,000 from the Desjardins Foundation** to empower our Leadership Group, **\$3,000 from LEARN** for the Digital Storytelling sessions and **\$1,500 from ArtistsInspire** which allowed for a local musician's visit during Black History Month.

**Some of our Fundraising activities this year:**

- Terry Fox run
- LRHS Golf tournament - Lachute Golf Course (to fund students' extra-curricular activities, late day transportation services, and to support student life)
- WOTP students Bagel Shop - All money goes back into the program.
- Days for Girls - jewelry selling fundraiser for their partners in Congo Africa
- Christmas Basket Initiative (PPO) - (donations were used to make the food baskets given to our families in need.)
- Sec 5 Europe Trip Fundraisers – Bagging groceries / Chocolate sale / Bake sale (All money raised went towards lowering the cost of the trip for the individual students in the class.)
- Cure Foundation Denim Day - All funds raised went towards helping to bridge the gap between healthcare and breast cancer patients.
- Dance Show – (funds went to help support the cost of the dance show, costumes and dinner for the dancers.)
- Halloween Bake sale (all proceeds went towards lower the cost of prom tickets to or students.)
- Grad fundraisers –Bake Sale /Freezie sale (all proceeds went towards lower the cost of prom tickets to or students.)

**Some of our Field trips and events this year:**

- Science and Math Careers - Ottawa Field Trip Secondary 5
- Quebec Trip for Secondary 3
- Ottawa trip for Secondary 2 Students
- Equestrian club members field trips -trail ride at Swiss Riding Academy in Lachute./ Extreme Cowboy activity at Rosemarie Huxted Equestrian Club in Ontario
- WOTP trip to Ottawa
- DP students trip to Oasis Immersion
- Secondary 4 -Monster and Villains class field trip -Escaparium
- Secondary 2 - Holocaust Museum Field trip
- Secondary 1 and 2 students attended -Midsummer Night's Dream- Play
- Secondary 3 students attended - Kiss me if you want - Play
- Alternative Path students Biodome Field Trip
- In school Halloween festivities -haunted house activity
- Students from the music program performed a Holiday concert. at our feeder elementary schools
- Secondary 5 Fact and Fiction Class - Europe Trip
- Remembrance Day Ceremony
- In school Holiday activities
- Teacher appreciation week activities
- Basketball Tournament
- Secondary 4 students attended – “Ils étaient dix” Play
- Secondary 4 & 5 Sports Field Trip – New York and New Jersey
- Rugby Field Trip and Activity
- Students' vs staff soccer game
- End of year Dance Show
- End of Year Music Concert

## **EDUCATIONAL PROJECT**

2024 marks year 1 of a 4-year cycle of the Educational Project that is always available for consultation on our website.

<https://lrhs.swlauriersb.qc.ca/educational-project/>

## **ABAV PLAN**

In the 2024-2025 school year, we continued to prioritize the students' concerns. The focus was centered around three things: the students' sense of belonging, their personal interests and motivations towards school, and persisting to reduce Exclusion, Harassment and Bullying (EHB) at LRHS. With the EHB being reduced 4% over the previous 8 months, special focus was placed on where the EHB takes place within the school and at what times within the day. Furthermore, students were encouraged by staff to come forward with information regarding EHB when it occurred. The school's CLC Coordinator supported ongoing LRHS initiatives to help prevent acts of bullying and violence which continues to help build a strong foundation for years to come.

#### Initiatives to Maintain:

- Continued communication with parents/guardians
- Involving parents/guardians to support preventive measures
- Referring to, and collaborating with, third party resources (CISSS, Youth Clinic, Centre de Pédiatrie
- Sociale, Carrefour Jeunesse-Emploi D'Argenteuil, Le Dispensaire, Centre de Réadaptation de drogues des Laurentides, Sûreté du Québec)
- Increase communication with transportation department to review bus behaviour
- Maintain a variety of ECAs to appeal to students' sense of belonging

#### Initiatives to Develop:

- The CLC Coordinator will support the launch of initiatives such as: Intergenerational projects, Anti-bullying workshops, Monthly kindness challenges, Mental Health & Wellness Week, Student-led peer mentorship program.
- Guest speaker series on empathy, resilience, and respect organized through the CLC.
- Reaching out to more community organizations to inquire about workshops for our anglophone student body.
- Develop strong partnerships with local community partners such as: CISSS, Senior Residences, Royal Canadian Legion (local branches Lachute, Brownsburg), Maison des jeunes Brownsburg-Chatham, Univers Jeunesse Argenteuil, Carrefour jeunesse Argenteuil.
- Introduction of Next Gen Men – a mentorship program for boys with the support of the CLC.
- Make use of and spread awareness of Aire Ouverte and the services they have now extended to the Lachute area and our students
- Introduction of DEI-themed activities and initiatives such as: DEI-themed monthly bulletin boards and announcements, Heritage and identity spotlight days (e.g. Black History Month, Indigenous Peoples Day, LGBTQ2S+ awareness).
- Staff Anti-Racism & DEI training and resource sharing.

- Creation of a line of support for LGBTQ2S+ students in coordination with community partners.
- Increasing welcoming activities and activities that create and encourage a sense of belonging at LRHS.